

V. POTENTIAL PROBLEMS

A. TOOTH SENSITIVITY

During the first 24 hours following whitening, some patients experience transient sensitivity. This sensitivity is usually mild if your teeth are not normally sensitive. With power whitening, this sensitivity will usually subside in 1–2 days. With home whitening, it may be necessary for you to reduce the number of hours you are wearing the bleaching tray or stop using it for a short time to resolve the sensitivity.

However, if your teeth are normally sensitive, whitening may make your teeth more sensitive for an extended period of time. Under these circumstances, you may choose to delay the whitening process until we are able to complete desensitization procedures.

If your teeth are sensitive after whitening, a mild analgesic such as Tylenol or Advil will usually be effective in making you more comfortable until your teeth return to normal.

B. GUM IRRITATION

This is the result of a small amount of solution leaking under the dental dam. A burning sensation on your gums may also occur. This will resolve by itself in a few hours or couple of days.

With home whitening, irritation can result from using the tray for too many hours when you first start whitening. It may be necessary for you to reduce the number of hours you wear the tray or stop using it for a short time to resolve these gum problems.

C. EFFECT ON FILLINGS

Be aware that tooth colored fillings will not whiten. If the filling matches your current color, bleaching will result in mis-matched shades with your natural teeth. You may need to have your fillings replaced so that they will match your newly whitened teeth.

VI. COMPLETION OF TREATMENT

A. LEVEL OF LIGHTENING

There is no totally reliable way to predict how light your teeth will whiten. With power whitening, one session usually significantly whitens your teeth. Some patients require an additional session. With home whitening, this may take two to four weeks or longer.

B. RELAPSE

Following completion of whitening, pigments found in food and drinks will re-stain your teeth, commonly called "bleaching relapse." To help prevent relapse, use daily over-the-counter toothpaste, Rembrandt® Plus.™ After home whitening, you may wish to wear your trays once every few months filled with bleaching gel, Rembrandt® Dazzling White™ Toothpaste or Rembrandt® Plus™ Toothpaste.

I have read and understand the procedure. This information has been explained to me and I have had the opportunity to ask questions. I consent to this treatment.

Patient's Signature

Date

Witness